



August 21<sup>st</sup>, 2024

#### **RELEASING POWER -**

Helping Executives and their teams Prosper & Grow as Individuals and Organizations.



## A Unique Language

- You communicate in a way that is unique to you...
- So does everyone else
- Understanding their words is not the same as understanding their message



## Translating "Languages"

- Awareness of differences
- Accepting those differences as valid
- Appreciating what different styles bring to the team
- Adaptability learning how to speak another's "language"

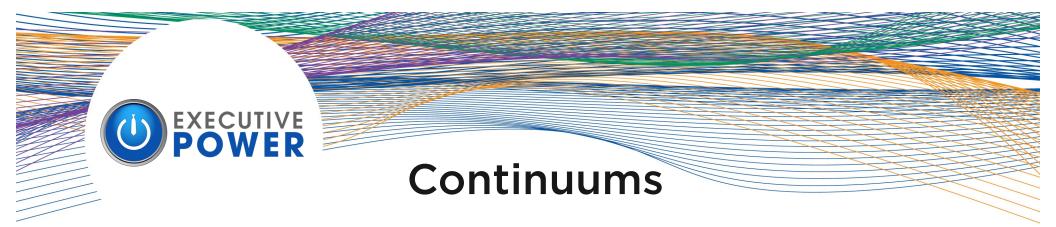




#### Behaviors

## The <u>**HOW</u>** of your life – your style of communicating, responding, working, etc.</u>









•**Decisive ("D" Factor)** – How you handle problems and make decisions

•Interactive ("I" Factor) – How you deal with people and influence others

•**Stabilizing ("S" Factor)** – How you pace yourself and handle change

•Cautious ("C" Factor) – How you handle rules and procedures set by others



- 1. DISC is the doorway to communication. The uniqueness of each person extends far beyond the DISC model. Therefore, behavioral models should NOT be referred to as *Personality Tests*
- 2. The use of a behavioral model is to create win/win relationships, not in any way to manipulate, "pigeonhole", or label a person
- 3. Every person has the potential to be a winner. We all win in different ways. One behavioral design is NOT a better leader than another
- 4. Your behavior design is the combination of the Highs and Lows of all four factors (DISC)
- 5. Everybody has the ability and can adapt to any profile. Adapting does require increased energy. How long a person can adapt is unique and different to each person. The DISC model identifies your natural tendencies and gives you the knowledge to CONSCIOUSLY adapt as the situation requires



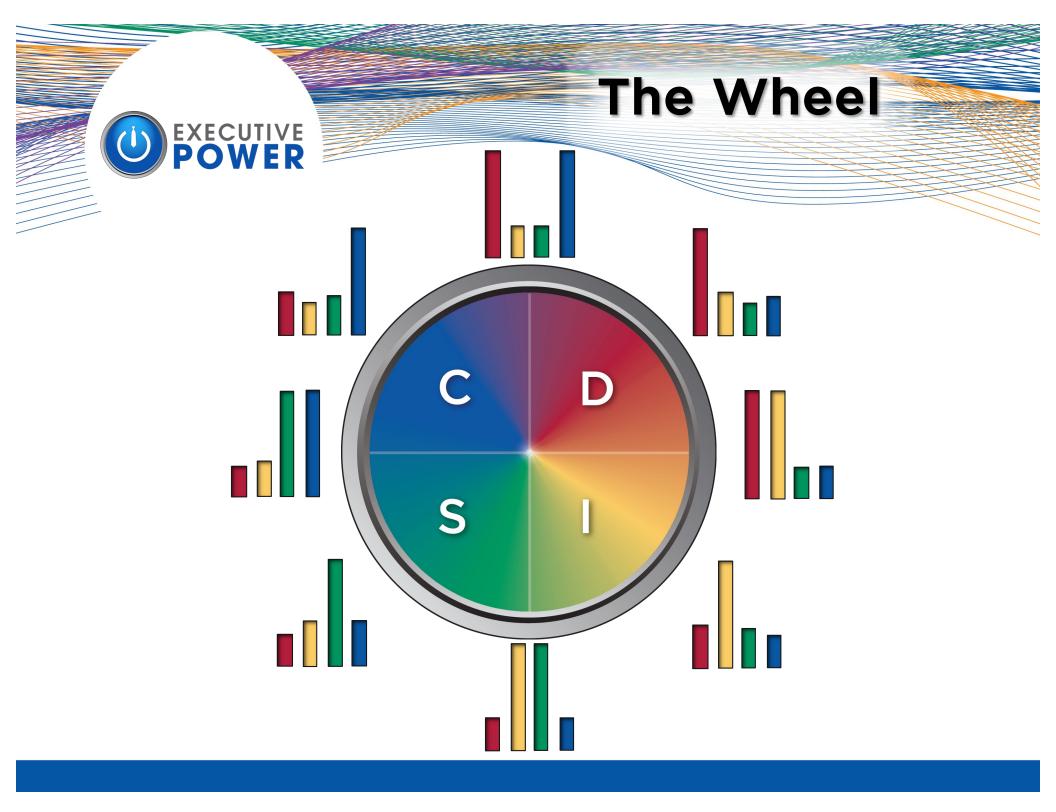
# We see the world not as it is, but as we are

Stephen Covey



	Decisive	Interactive	Stabilizing	Cautious
	Problems:	People:	Pace:	Procedures:
	How you tend to approach problems and make decisions	How you tend to interact with others and share opinions	How you tend to pace things in your environment	Your preference for established protocol/ standards
	Anger High D	Trust High I	Non-Emotion High S	Fear High C
LOO ——				
	Demanding	Gregarious	Patient	Cautious
	Driving	Persuasive	Predictable	Perfectionist
	Forceful	Inspiring	Passive	Systematic
	Daring	Enthusiastic	Complacent	Careful
	Determined	Sociable	Stable	Analytical
50 —	Competitive	Poised	Consistent	Orderly
	Responsible	Charming	Steady	Neat
	Inquisitive	Convincing	Outgoing	Balanced
	Conservative	Reflective	Restless	Independent
	Mild	Matter-of-fact	Active	Rebellious
	Agreeable	Reserved	Chaotic	Careless
0	Deliberate	Introspective	Spontaneous	Challenging
0	Low D	Low I	Low S	Low C









- 1. What is your group slogan?
- 2. What cartoon character best represents your group? Why?
- 3. What is your group's theme song? Why?
- 4. What type of person do you struggle with the most? Why?





Precise

### The Wheel

Creative Slow Start / Fast Finish Vacillating Temperamental

Accurate High Concern for Quality Critical Listener Non-Verbal Communicator Attention to Detail

Process-Oriented Slow to Change Self-Disciplined Pessimistic

Accommodating Dislikes Confrontation Persistent Controls Emotion Flexible - Adaptable Good Listener S Supportive Team Player

Team Player Pr Persistent Cooperative Sensitive to Others' Feelings Competitive Direct Aggressive Results-Oriented Sense of Urgency Change Agent

> Product-Oriented Quick to Change Independent Optimistic

High Trust Level Not Fearful of Change Contactability Good Verbal Skills Rather Talk than Listen Projects Self-Confidence



#### BLUE Emotion: Fear Fear: Criticism of Work

RED Emotion: Anger Fear: Being Taken Advantage Of

Emotions

GREEN Emotion: Non-Emotional Fear: Loss of Security

C

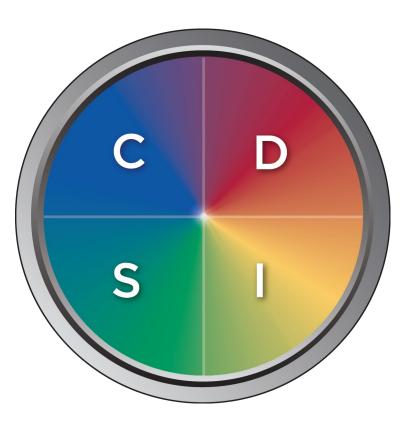
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YELLOW Emotion: Optimism Fear: Social Rejection





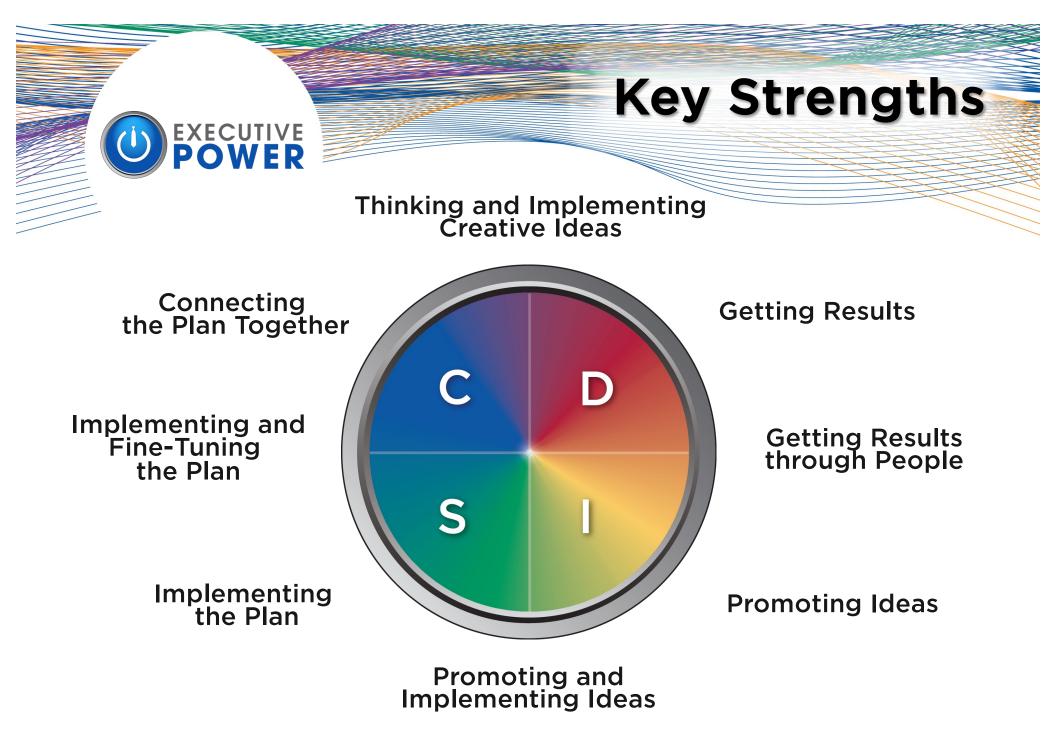
Evaluating Investigating Planning Critical

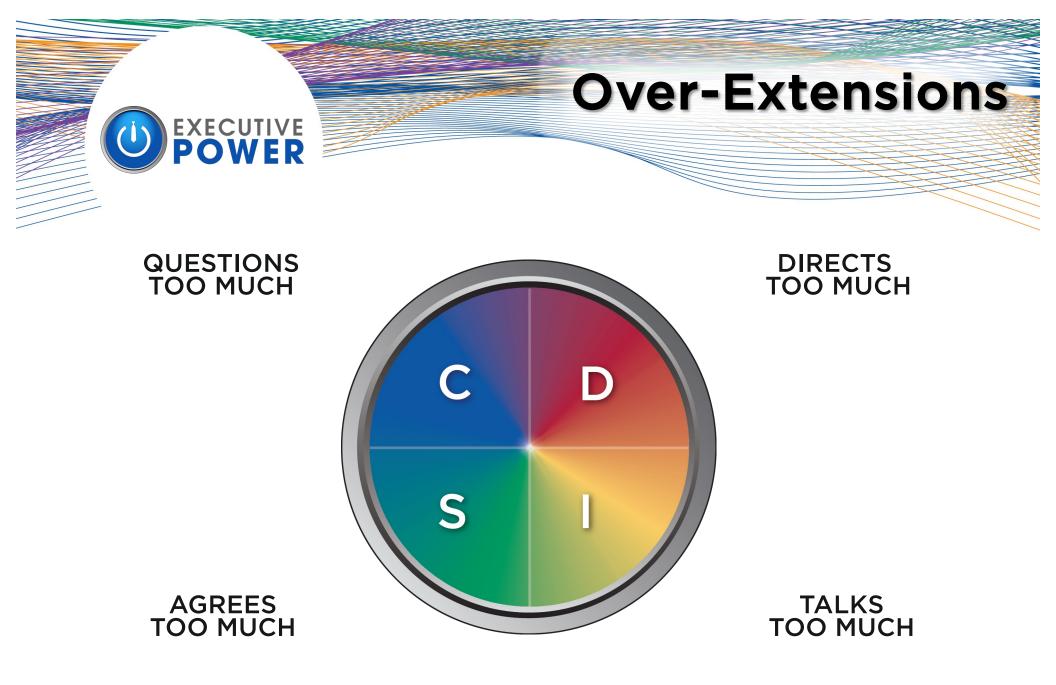


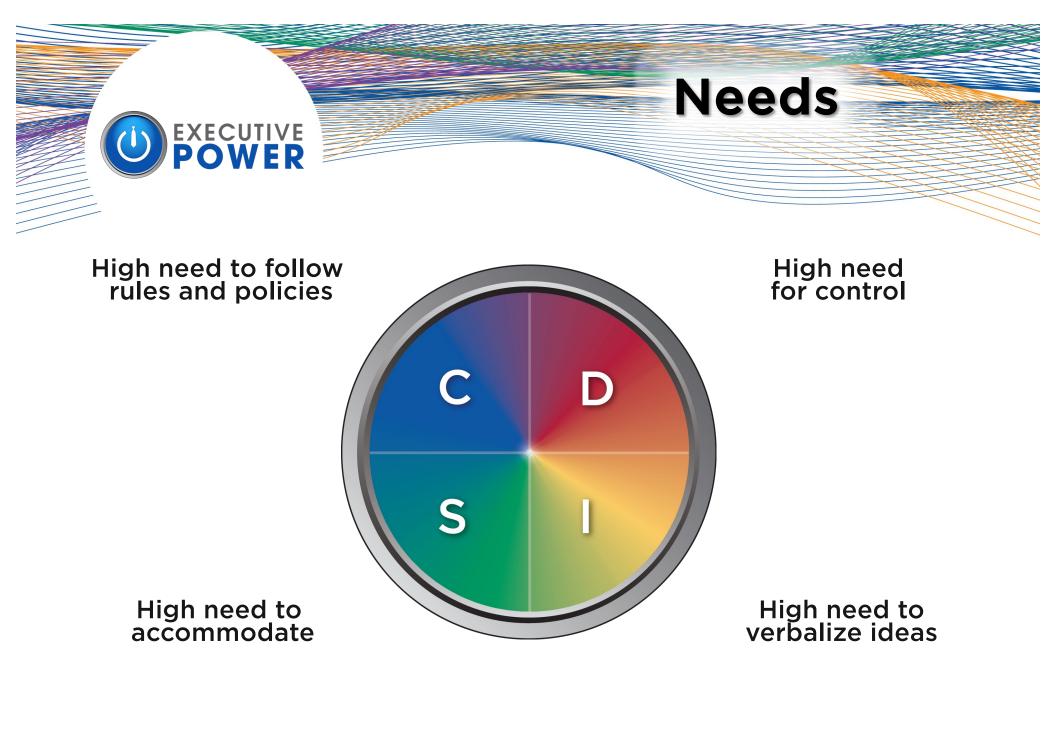
Reacting Efficient Decisive Harsh

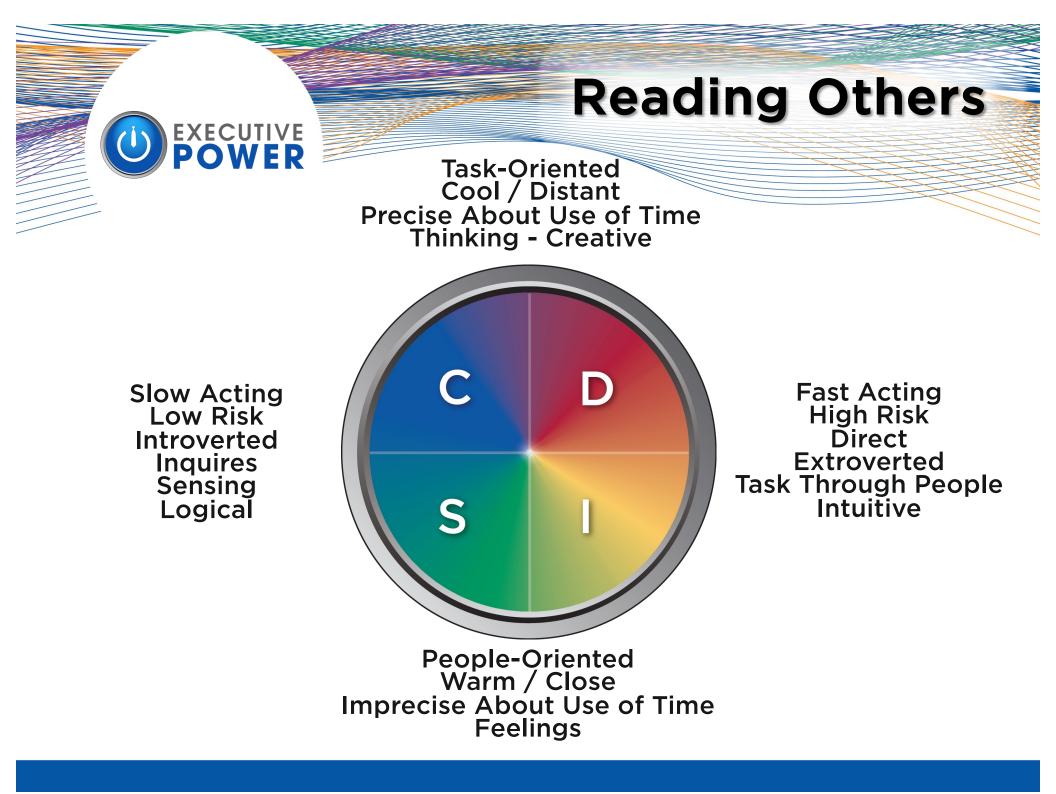
Observing Reflecting Applying Avoiding

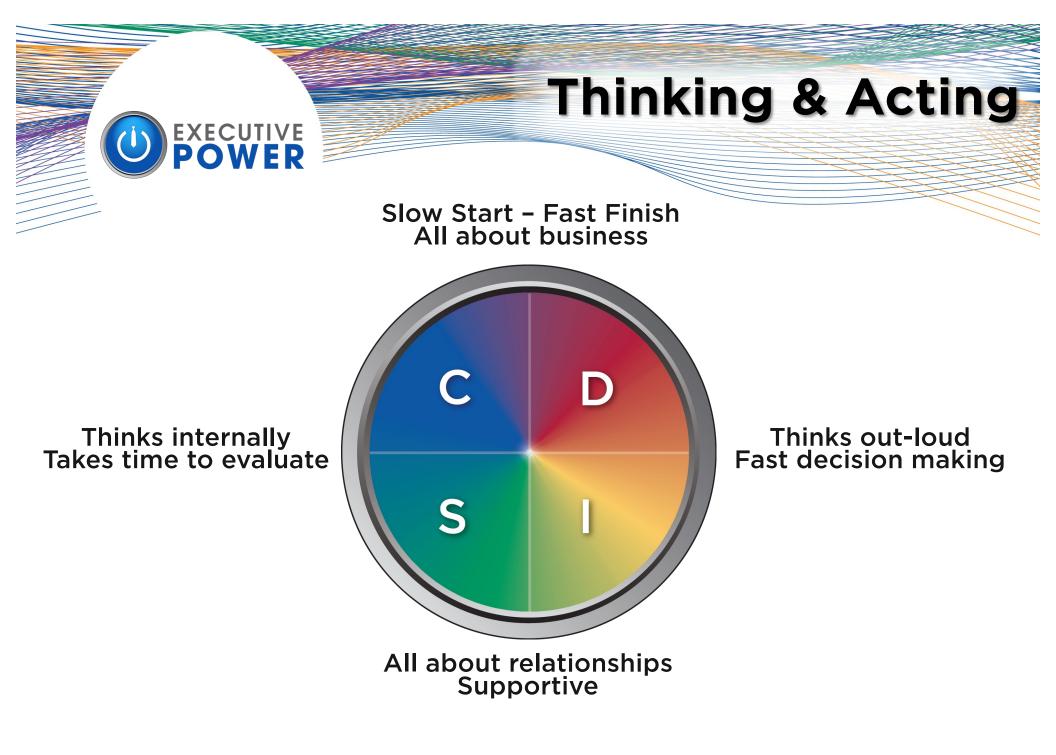
Supporting Trusting Experimenting Appeasing











### EXECUTIVE POWER

**Tone of Voice:** Monotone, precise, cool, aloof

**Volume:** Quiet volume, deliberate

**Body Language:** Very few, if any hand gestures, direct eye contact, controlled

**Tone of Voice:** Low voice tone, warm Detail-oriented

**Volume:** Soft Volume, methodical

#### Body Language:

Small hand gestures, relaxed, non-emotional

**Recognizing Others** 

Tone of Voice: Strong, clear, confident, fast-paced

> Volume: Loudest, forceful

Body Language:

Uses direct eye contact, points finger, leans toward you

Tone of Voice: Animated, friendly, rambling explanations

> **Volume:** Fairly loud, casual

**Body Language:** Smiles a lot, uses expressive gestures

### **Understanding Others**

#### **Voice:** Slow pace, competent

XECUTIVE **OWER** 

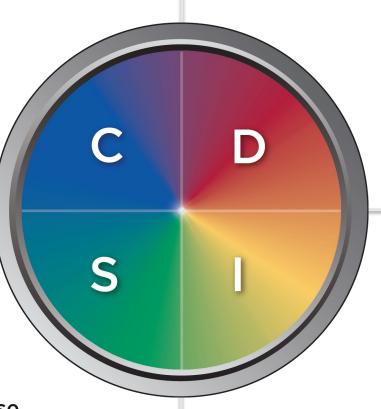
#### **Communicating:**

Expect them to want a lot of information Do respond logically Don't be too personal or informal Don't be disorganized

Voice: Slower pace, warm

#### Communicating:

Expect them to be calm and methodical Do listen attentively Don't force a quick response Don't interrupt them



**Voice:** Rapid pace, limit emotion

#### **Communicating:**

Expect them to be blunt Do get to the point Don't ramble or chitchat Don't waste time Don't offer assurances you can't deliver

> **Voice:** Rapid pace, friendly

#### **Communicating:**

Expect to see emotions Do be empathetic Don't be curt, cold or too businesslike Don't be impersonal

### **Communication Tips**

#### Prepare your case in advance Stick to business Be accurate and realistic <u>Don't</u>

EXECUTIVE POWER

Be giddy, casual, informal, loud Push too hard with unrealistic deadlines Be disorganized or messy

#### Do

Do

Begin with a personal comment to break the ice Present your case softly, non-threateningly Ask "How" type questions to draw out their opinions **Don't** 

Rush headlong into business Be domineering or demanding Force them to respond to quickly to your objectives Be clear, specific & to the point Stick to business Be prepared with support material in a well-organized package

#### Don't

Do

Leave things hanging in the air Talk about irrelevant things Appear disorganized

#### Do

Provide a warm, friendly environment Talk ideas, not details Ask "Feeling" type questions to draw out their opinions **Don't** 

> Be curt, cold or tight-lipped Control the conversation Drive on facts and figures

## **Diverse Group Time**



Go to page 19 in your report and circle the three most important from each list.

Share with your group where you are on the wheel and share your 3 Do's and 3 Don'ts.

